



Lumino Health Virtual Care

Be
well

Lumino Health Virtual Care lets you **connect with health-care professionals from home**. With this virtual walk in-clinic, you can:

- Discuss with a nurse or doctor about your or a family member's physical or mental health
- Receive a diagnosis
- Receive a prescription

About 70% of walk-in clinic cases are suitable for Lumino Health Virtual Care. The service is available 24/7, as long as you are within Canada.

You can consult other health professionals (e.g. nutritionists) for an additional fee.

To take advantage of this service, have your **medical contract (150798) and member ID numbers** (seven-digit employee number) ready, to register before you login.

Let's all do our part to practice physical distancing and live healthier lives.

You can learn more about Lumino Health Virtual Care by visiting wellness.usask.ca/help/virtual-health-care.php

Lumino
Health

 **Sun Life**

